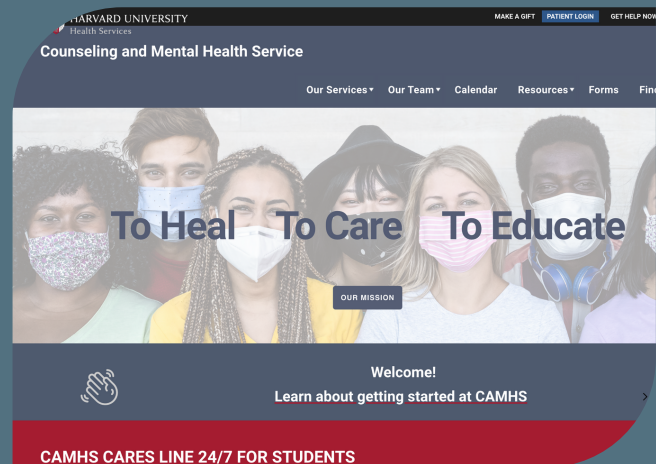


Counseling and Mental Health Service



Who We Are

Known as CAMHS, we are a dedicated group of licensed mental health clinicians, psychiatrists, psychologists, and social workers.

Students are typically seen on-site at CAMHS at the Smith Campus center on the 4th floor of Health Services. There are also options for telehealth services.

There are two satellite locations at the Harvard Law School and at the Longwood Medical Area in Boston.

CAMHS Cares Line

The CAMHS Cares line is a help and support line for Harvard students who have mental health concerns, whether they are in immediate distress or not, on-campus or elsewhere.

Call any time, including evenings, weekends, and holidays.



Call 24/7
617-495-2042



Getting Started

The first step is to schedule an Initial Consultation through the HUHS online patient portal at huhs.harvard.edu or call the CAMHS office during regular business hours.



Routine Questions

During CAMHS business hours call to speak directly with an administrative assistant to make, change, or cancel a routine appointment, request a refill, or request an in-person urgent care appointment Monday - Friday (617) 495-2042.



TimelyCare Telehealth

TimelyCare services offer 12 telehealth counseling sessions per academic year and are available at no cost to students with the Student Health Fee. It also offers a wellness app for self-care.



Workshops & Groups

CAMHS workshops and support groups can help students build emotional skills and reach personal goals, and can alleviate feelings of loneliness. These are great opportunities for students to join in a shared experience with other students.

