



Division of Medical Sciences at Harvard Medical School Harvard University Graduate School of Arts and Sciences



DMS STUDENT BENEFITS SUMMARY

Mission-Driven

The goal of the Division of Medical Sciences is to provide our graduate students the best possible educational experience, preparing them to take their places as future leader in biomedical research and other allied professions. We maintain a supportive and stimulating community of students and faculty in order to create an academic environment which assists our students in developing their scientific potential to the fullest. We seek to mentor and prepare our students for the many types of careers enabled by their training to think critically, creatively, and productively in many different areas.

Culture & Community

Harvard offers access to unrivaled intellectual and cultural resources across Boston and Cambridge.

Benefits & Support

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OVERVIEW OF GRADUATE STUDENT BENEFITS

Student Health Benefits

Medical Coverage	<p>The Harvard University Student Health Program (HUSHP) is comprised of 2 parts:</p> <ul style="list-style-type: none">• The Student Health Fee covers most services on campus at Harvard University Health Services (HUHS), including internal medicine, medical specialty care, mental health services, physical therapy, radiology, and urgent care.• The Student Health Insurance Plan is a PPO plan providing hospital/specialty coverage both in- and out-of-network through Blue Cross Blue Shield (BCBS) of Massachusetts. Coverage includes: ambulatory surgery, radiology services, obstetrics/gynecology, emergency room visits, hospitalizations, diagnostic lab services, prescription drug coverage, limited specialty and mental health care outside of HUHS <p>You may enroll your eligible dependents in HUSHP; the online application and rates will be available at hushp.harvard.edu</p>
Dental Coverage	Dental Blue, administered by Blue Cross Blue Shield of Massachusetts, is an optional dental plan that covers routine cleanings and some restorative services.
Prescription Drug Plan	Prescription drug coverage is included in the Student Health Insurance Plan, and there is no dollar limit on this benefit. Prescriptions may be filled at the HUHS Pharmacy or any OptumRx-participating pharmacy throughout the United States.
Mental Health Coverage	<ul style="list-style-type: none">• The Student Health Fee covers mental health visits at Harvard University Health Services (HUHS). There is no visit limit at HUHS; the number of visits is based on medical necessity as determined by the provider.• The Student Health Insurance Plan covers mental health inpatient and outpatient services outside of Harvard University Health Services (HUHS).
Vision Care	The Student Health Fee offers coverage for routine and non-routine vision care. You can access vision care services at HUHS.
Travel Coverage	Students enrolled in the Student Health Insurance Plan are covered throughout the United States and abroad.
Maternity	Maternity services include all medical care related to pregnancy and childbirth. There is no visit limit when you receive maternity care from obstetricians, gynecologists, or nurse midwives.
Wellness Benefits	Weight Loss Reimbursement Acupuncture and Massage

Transportation and Entertainment Benefits

Transportation	The MBTA Semester Pass Program provides bus, link, and commuter rail passes for the fall and spring terms, October through January and February through May. DMS students can purchase these passes at a 50% discount by completing the MBTA Semester Pass order form online by the appropriate deadlines.
Cultural and Leisure Activities	With a Harvard ID; <ul style="list-style-type: none">• Free admission for you and one guest to Harvard Museums.• Access to discounts on a wide range of offerings including theatre, dance, travel, and personal services.• Free entrance to the Museum of Fine Arts, Institute of Contemporary Arts, and Isabella Stewart Gardner Museum
Hubway Bike Share Program	Travel across Boston, Cambridge, Somerville, and Brookline using the Hubway, publically shared bikes that can be returned to any of the 140+ stations across the network, including the 12 supported by Harvard. Harvard affiliates are eligible for a discounted annual membership.

Family Benefits

Child Care Scholarship	DMS students with children may apply for additional support from the DMS Child Care Scholarship. These funds are paid out twice a year for a maximum of five years.
Parental Accommodation and Financial Support	Female and male students enrolled in PhD programs at GSAS who are expecting a child either by adoption or childbirth are eligible for the PAFS program, which pays up to 12 weeks.

OVERVIEW OF GRADUATE STUDENT BENEFITS

Career & Professional Development

GSAS Professional Development Fund	<p>Students are able to receive up to \$2,500 for expenses related to professional development. These funds become available at the beginning of the third year of graduate studies and may be used for the following:</p> <ul style="list-style-type: none">• Attending meetings, either academic or non-academic, to assist in informing or preparing a student for the next career step• Attending a course to assist with the next career step• An enrichment activity that will enhance a student's portfolio• Expenses incurred for informational or job interviews (academic and non-academic)• Compensation for an unpaid internship• Textbooks & journal subscriptions• Society memberships• Trips to outside laboratories to learn new techniques
DMS PATHS Program	<p>Many of our students are now pursuing diverse tracks including biotechnology/pharmaceuticals, patent law, consulting, science policy, and education. To support our students' aspirations, we have established an enrichment program, termed "Paths". The basic idea is that students with a common interest will come together in groups to participate in a variety of activities that will serve to prepare and position them for careers in these paths.</p>

Financial Aid

Tuition & Stipend	All students, regardless of citizenship, that matriculate to one of the DMS programs are fully funded while actively enrolled in GSAS. This support covers both tuition and stipend support.
Health Insurance	DMS covers the that wish to enroll in the Harvard University Student Health Plan (HUSHP)
Travel Allowance	All DMS students are given a one time travel allowance of \$600 that may be used to attend a scientific conference during his/her graduate career.
Education Expense Allowance	All DMS students are given \$1,000 upon arrival to purchase supplies.

In addition to the benefits information highlighted on pages 2 and 3, you may find the additional resources below helpful.

More information can be found online:

- *Division of Medical Sciences website (dms.hms.harvard.edu)*
- *Harvard GSAS website (gsas.harvard.edu/student-life)*
- *Harvard Medical School website (hms.harvard.edu)*
- *The Harvard University Gazette (news.harvard.edu)*
- *The Crimson (www.thecrimson.com)*

ADDITIONAL RESOURCES

Harvard University Student Health Program (HUSHP)

General care for members of HUSHP.
hushp.harvard.edu

Harvard University Credit Union

<https://www.huecu.org/>

Housing

Harvard University Housing

Assistance in finding housing, apartments and roommates, as well as home buying services.
www.huhousing.harvard.edu

Transportation and Parking

Commuter Choice Program

Information on the subsidized MBTA pass program, discounted Zipcar membership, car-pools, Harvard shuttles, and other commuting options
www.transportation.harvard.edu/commuter-choice

Dining Services

Overview of Harvard residential dining and campus restaurants including daily menus.
dining.harvard.edu

Computers

huit.harvard.edu/technology_sales

Biomedical Graduate Student Organization (BGSO)

The goal of BGSO is to enrich and foster a sense of community among PhD students in the Life Sciences through social and academic initiatives
bgso.med.harvard.edu/

Recreation

Harvard Athletics and Recreation

Exercise, yoga, dance, swimming, fitness and other recreational opportunities for free or at low cost with athletic facility membership.
www.gocrimson.com

Libraries

Information on how to access Harvard's libraries.
lib.harvard.edu

Harvard Museums

Free admission for Harvard students plus one guest.

Harvard University Art Museums

www.harvardartmuseums.org

Harvard Museum of Natural History

www.hmnh.harvard.edu

The Semitic Museum

www.semiticmuseum.fas.harvard.edu

The Arnold Arboretum

www.arboretum.harvard.edu

Harvard Observatory Nights

www.cfa.harvard.edu/events/mon.html

Boston Art Museums

Museum of Fine Arts

www.mfa.org

Institute of Contemporary Art

www.icaboston.org

Isabella Stewart Gardner Museum

www.gardnermuseum.org